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Here are some resources that can help.

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| <p>Canadian Civil Liberties Association</p> <p>CANADIAN CIVIL LIBERTIES ASSOCIATION  ASSOCIATION CANADIENNE DES LIBERTES CIVILES https://ccla.org/</p> | | <p>Canadian Human Rights Commission</p> <p>Canadian human rights commission  Commission canadienne des droits de la personne https://www.chrc-ccdp.gc.ca/en</p> |
| <p>Alberta</p> <p> Alberta Human Rights Commission https://albertahumanrights.ab.ca/</p> | <p>British Columbia</p> <p> British Columbia Human Rights Tribunal https://www.bchrt.bc.ca/</p> <p> British Columbia's Office of the Human Rights Commissioner https://bchumanrights.ca/</p> | <p>Manitoba</p> <p>THE MANITOBA HUMAN RIGHTS COMMISSION  LA COMMISSION DES DROITS DE LA PERSONNE DU MANITOBA https://manitobahumanrights.ca/index.html</p> |
| <p>New Brunswick</p> <p> NEW BRUNSWICK HUMAN RIGHTS COMMISSION COMMISSION DES DROITS DE LA PERSONNE DU NOUVEAU-BRUNSWICK https://www2.gnb.ca/content/gnb/en/departments/nbhrc.html</p> | <p>Newfoundland and Labrador</p> <p> HUMAN RIGHTS COMMISSION Newfoundland and Labrador https://thinkhumanrights.ca/</p> | <p>Northwest Territories</p> <p> NORTHWEST TERRITORIES HUMAN RIGHTS COMMISSION https://nwthumanrights.ca/</p> |
| <p>Nova Scotia</p> <p> NOVA SCOTIA HUMAN RIGHTS COMMISSION https://humanrights.novascotia.ca/</p> | <p>Nunavut</p> <p> https://nhrt.ca/</p> | <p>Ontario</p> <p> Ontario Human Rights Commission Commission ontarienne des droits de la personne https://www.ohrc.on.ca/en</p> <p>HRLSC Human Rights Legal Support Centre https://hrlsc.on.ca/homepage/</p> |
| <p>Prince Edward Island</p> <p> PEI HUMAN RIGHTS COMMISSION COMMISSION DES DROITS DE LA PERSONNE I.-P.-É. https://www.peihumanrights.ca/</p> | <p>Quebec</p> <p> Commission des droits de la personne et des droits de la jeunesse Québec https://www.cdpdj.qc.ca/fr</p> | <p>Saskatchewan</p> <p> SASKATCHEWAN HUMAN RIGHTS COMMISSION https://saskatchewanhumanrights.ca/</p> |
| <p>Yukon</p> <p> YUKON HUMAN RIGHTS COMMISSION COMMISSION DES DROITS DE LA PERSONNE DU YUKON https://yukonhumanrights.ca/</p> | | |